

Duty to God Award Progress Sheet

Teacher

- Priesthood Duties and Standards:**
- Keep the commandments
 - Live standards in *For the Strength of Youth*
 - Have daily personal prayer
 - Read the scriptures
 - Attend Seminary
 - Attend sacrament, priesthood, other meetings
 - Keep the Word of Wisdom
 - Pay a full tithe
 - Prepare the sacrament
 - Serve as a home teacher
 - Perform other assigned duties

Initial / Date

Family Activities (Do all of the following):

- Read Book of Mormon: Alma 4th; Moroni. Discuss foretelling of Christ, Brother of Jared. Share.
- Study *For the Strength of Youth*. Discuss the importance of standards and values with your family.
- Discuss with parents purpose of Patriarchal Blessing. When ready, talk to them about receiving one.
- Teach four Family Home Evening lessons each year. Year one: Year two:
- Read in *Gospel Principles* or *Principles of the Gospel/12* prescribed topics. Teach two to family.
- Memorize and conduct 3 hymns each year (1/2, 3/4, and 4/4 time) Year one: Year two:
- Keep a budget for at least 2 months.
- Study and briefly describe the Constitution and the events leading to its creation.
- Plan a service project for a neighbor or relative. Carry out the activity together.

Quorum Activities (Do all of the following):

- Read D&C 20:53-57; Discuss with a Priesthood leader how to be a good home teacher. Year one: Year two:
- Give a talk in Sacrament or Priesthood meeting each year.
- Teach one or more lessons in the Teacher's Quorum.
- Discuss with quorum how to prepare for /serve a full-time mission, and to assist the missionaries.
- Invite and bring a friend or a new or less-active member to Church.
- Participate in baptisms for the dead, if possible. If not, discuss the temple with a Priesthood leader.
- Participate in at least one quorum service project each year. Year one: Year two:

Personal Goals:

Spiritual Development (Do 8 of the following):

- Study purposes of Atonic Priesthood. Discuss becoming converted to the gospel /living teachings.
- Discuss with parent or leader: Keeping Sabbath day holy; Practice appropriate Sabbath observance.
- Prepare and present at least two home teaching lessons.
- Recite from memory the Articles of Faith and D&C 13.
- Read and discuss a conference address about the evils of immorality and pornography.
- Complete a family group record for each of your grandparents where they are listed as children.
- Write regularly in a journal for three months.
- Regularly add to your mission fund in preparation for and in anticipation of serving a mission.
- Collect 12 recipes for use on a mission. Prepare at least four of them.
- Write 5 letters to family or ward members. Thank them for their kindness and support.
- Listen qualities you admire in your father or other adult. Discuss them.
- Read at least two stories from a Church magazine. Share in Family Home Evening or with a leader.

Physical Development (Do 8 of the following):

- Run 5 kilometers or 3 miles in 30 minutes or less.
- Swim 75 meters, using two different strokes.
- Demonstrate lifesaving skills in the water.
- Hike 5 kilometers or 9 miles with a 12-pound pack in one day.
- Participate in group cultural performance; roadshow, play, folk dance, school or community.
- Teach a younger brother or sister or ward member how to play an indoor game or sport.
- Play on a sports team in your quorum, ward, school, or community.
- Learn to play or officiate in a sport of your choice.
- Camp for three days under the supervision of leaders.
- Explain to parents or leaders how to survive for 48 hours in the wilderness. Identify edible plants and animals. Explain how you would ensure the safety of drinking water.
- Demonstrate the most important distress signals to use during a crisis or when you are lost.
- Teach first aid skills to your family or quorum members.

Initial / Date

Educational, Personal, and Career Development (Do 8 of the following):

- Continue your education, and develop additional skills in reading, writing, and mathematics.
- Improve reading skills by reading at least six issues of a Church magazine.
- Choose 3 careers. Discuss questions about each with parents /leaders. Positive aspects of each career?
- Visit 3 work locations. Talk to workers. Discuss with parents /leaders how you would feel working there.
- Take a vocational interest test. Discuss with a parent / leader how to take classes toward that vocation.
- Discuss how your chosen career would allow you to maintain the moral standards of the Church.
- Explain entrance requirements for a technical school, college, or university. Describe 5 classes of interest.
- Learn to play a musical instrument.
- Attend a career night where a guest speaker describes what employers look for in new employees.
- Collect three different job applications and fill them out as practice.
- In a language other than your own, hear your testimony and memorize the first 6 Articles of Faith.
- Use a computer to prepare a Church talk, a school assignment, or another similar task.

Citizenship and Social Development (Do 8 of the following):

- Practice proper personal hygiene and grooming. Explain to parents /leaders why this is important.
- Plan and participate in a combined activity with your quorum and the Young Women in the Ward.
- Volunteer for 4 or more afternoons or evenings at a hospital, rest home, or homeless shelter.
- Invite your grandparents or other senior citizens to share childhood memories. Take notes.
- Attend a city council meeting. Share impressions of the experience with parents /leaders.
- Visit a legal court. Share your impressions of the experience with parents /leaders.
- Sing the National Anthem alone or in a group. Explain its origin to parents /leaders.
- Discuss with a parent / leader ways to prevent crime in your area.
- List music, movies, TV programs, and printed materials that are in harmony with gospel standards.
- Plan and participate in an "etiquette dinner" involving parents.
- Give at least one talk in sacrament meeting, or give a speech at school or in the community.
- Organize a service project to clean and repair a public park. Help maintain for 2 months.

Service Project: A significant project to family, ward, stake, or community of at least 20 hours, approved by parents and leaders.

Personal Journal: Fill in the journal section of guidebook. Personal journal, notebook, will suffice.

		Interview Record			
Bishopric					
YM Leader					
Varsity Leader					

Name: _____

Date Received Deacon Certificate: _____

Date Ordained Teacher: _____

Date Items Completed: _____

Date Turns 16: _____

Date Certificate Presented: _____