

# Duty to God Award Progress Sheet

## Deacon

### Priesthood Duties and Standards:

1. Keep the commandments
2. Live standards in *For the Strength of Youth*
3. Have daily personal prayer
4. Read the scriptures
5. Attend sacrament, priesthood, other meetings
6. Keep the Word of Wisdom
7. Pay a full tithing
8. Pass the sacrament
9. Gather fast offerings
10. Perform other assigned duties

### Family Activities (Do all of the following):

- Initial / Date \_\_\_\_\_
1. Read the Scriptures daily. Read Book of Mormon: 1 Nephi through Mosiah. Share with your family.
  2. Read *For the Strength of Youth*. Discuss the importance of standards and values with your family.
  3. Teach four Family Home Evening lessons each year. Year one:  Year two:
  4. Keep a written record of your family history. Prepare a four generation pedigree chart.
  5. Prepare two meals for your family. Where possible, wash and iron your clothes for one month.
  6. Read the 12th Article of Faith. Explain to your parents: structure / functions of national government.
  7. Perform at least two service projects for your family each year. Year one:  Year two:

### Quorum Activities (Do all of the following):

1. Read Joseph Smith-History 1:1-20; discuss Joseph Smith's testimony with a Priesthood leader.
2. Read Isaiah 58 / D&C 59; discuss with leader the Law of the Fast and how Fast Offerings are used
3. Give a talk in Sacrament or Priesthood meeting each year. Year one:  Year two:
4. Discuss with a Priesthood leader the history and purposes of the Atonic Priesthood and quorums.
5. Participate in at least two quorum service projects each year. Year one:  Year two:
6. Participate in baptisms for the dead, if possible. If not, discuss the temple with a Priesthood leader.
7. Write 1/2 page about the purpose of the Sacrament. Use D&C 20:75-79, Matt. 26:26, Topical Guide.

### Personal Goals:

#### Spiritual Development (Do 8 of the following):

1. Identify four scriptures which testify of Christ; talk about them with a parent or Priesthood leader.
2. Read the "Proclamation on the Family" and "The Living Christ" and review with parent or leader.
3. Recite from memory the Articles of Faith to a parent or Priesthood leader.
4. Read D & C 20:38-60 and discuss the duties of a Deacon with a parent or Priesthood leader.
5. At least once per year, bear your testimony. Year one:  Year two:
6. Read about one of your ancestors...report in Family Home Evening or in a quorum meeting.
7. Do more family history, such as a family group record showing your parents as children...share info.
8. Write regularly in a journal for two months (if not already doing so).
9. Set up a plan to be spiritually and financially prepared to go on a mission at age 19.
10. List skills needed to become a successful missionary. Talk to parents or leaders how to learn these.
11. Invite at least two friends to a Mutual activity, Sunday meeting, or Family Home Evening.
12. Write letter to parents, grandparents, or leader. Thank them for their example and positive influence.
13. \_\_\_\_\_

#### Physical Development (Do 8 of the following):

1. Run 2 kilometers or 1.25 miles and set a goal for improvement.
2. Develop and begin a one-year plan to improve your personal physical fitness.
3. Swim 50 meters, using two different strokes.
4. Learn to float on your back in the water for two minutes.
5. Learn how to rescue someone who is drowning.
6. Hike ten kilometers or six miles in one day.
7. Overnight camping trip. Set up a tent, cook, build a latrine, restore the camp to natural condition.
8. While camping, build a cooking fire, or set up a stove. Teach someone how to build a fire safely.
9. Learn a new game or sport.
10. Play on a sports team in your quorum, ward, school, or community.
11. Learn the rules of play and officiate in a sport of your choice.
12. Explain to parent or leader the rules of safe bicycle riding. Complete a 30-kilometer or 20-mile ride.
13. \_\_\_\_\_

### Educational, Personal, and Career Development (Do 8 of the following):

- Initial / Date \_\_\_\_\_
1. Make a plan to improve reading, writing, arithmetic skills, and follow the plan for at least 3 months.
  2. Choose 2 careers. What preparation is needed; interview someone in each position to learn to prepare.
  3. Visit a government office. Explain to a parent or Priesthood leader the function of the office.
  4. Learn how to purify water and to wash and prepare fresh fruits and vegetables.
  5. First aid for: electrical shock, near drowning, burns, broken bones, heat exhaustion, and serious falls.
  6. Attend a cultural event such as a church, school, or community play, music program, or musical.
  7. Learn to play a musical instrument.
  8. Perform a musical selection in Sacrament Meeting or another church or community meeting.
  9. Develop and follow a financial budget for three months.
  10. Read at least four issues of a Church magazine.
  11. Learn computer / keyboarding skills. Type family history information in Personal Ancestral File.
  12. Read Word of Wisdom (D&C 89); explain to parents or leaders what is meant by finding "wisdom" and "great treasures of knowledge, even hidden treasures."
  13. \_\_\_\_\_

### Citizenship and Social Development (Do 8 of the following):

1. Explain to a parent or leader how to be a friend; maintain friendship; resolve conflicts between friends.
2. Be a friend to someone who may feel left out, and invite him to a quorum or Mutual activity.
3. Show a parent or leader how to use proper manners while eating, greeting, and introducing a speaker.
4. Teach your family how to play a new game or sport.
5. Explain to a parent or leader what it means to obey, honor, and sustain the law.
6. Participate in a cultural event such as a school play or musical.
7. Learn and practice proper dance etiquette.
8. Explain Luke 6:31, and tell a parent or leader about when and how you have applied its teachings.
9. Help organize and carry out a quorum or ward youth activity.
10. With your quorum, clean up or repair a part of your neighborhood.
11. Participate in four family, quorum, or ward social activities.
12. Sing with a church, school, or community choir.
13. \_\_\_\_\_

**Service Project:** A significant project to family, ward, stake, or community of at least 10 hours, approved by parents and leaders.

**Personal Journal:** Fill in the journal section of guidebook. Personal journal, notebook, will suffice.

	Interview Record			
Bishopric				
YM Leader				
Scoutmaster				

**Name:** \_\_\_\_\_

Date Ordained Deacon: \_\_\_\_\_ Date Turns 14: \_\_\_\_\_  
 Date Items Completed: \_\_\_\_\_ Date Certificate Presented: \_\_\_\_\_