

Priesthood Duties and Standards:

- 1. Keep the commandments
- 2. Live standards in *For the Strength of Youth*
- 3. Have daily personal prayer
- 4. Read the scriptures
- 5. Attend Seminary
- 6. Attend sacrament, priesthood, other meetings
- 7. Keep the Word of Wisdom
- 8. Pay a full tithe
- 9. Prepare the sacrament
- 10. Serve as a home teacher
- 11. Perform other assigned duties

Duty to God Award Progress Sheet

Teacher

Initial / Date _____

Family Activities (Do all of the following):

- 1 ___ Read Book of Mormon: Alma thru Moroni. Discuss foretelling of Christ, Brother of Jared. Share.
- 2 ___ Study For the Strength of Youth. Discuss the importance of standards and values with your family.
- 3 ___ Discuss with parents purpose of Patriarchal Blessing. When ready, talk to them about receiving one.
- 4 ___ Teach four Family Home Evening lessons each year. Year one: Year two:
- 5 ___ Read in Gospel Principles or Principles of the Gospel 12 prescribed topics. Teach two to family.
- 6 ___ Memorize and conduct 3 hymns each year. (1/2, 3/4, and 4/4 time) Year one: Year two:
- 7 ___ Keep a budget for at least 2 months.
- 8 ___ Study and briefly describe the Constitution and the events leading to its creation.
- 9 ___ Plan a service project for a neighbor or relative. Carry out the activity together.

Quorum Activities (Do all of the following):

- 1 ___ Read D&C 20:53-57; Discuss with a Priesthood leader how to be a good home teacher.
- 2 ___ Give a talk in Sacrament or Priesthood meeting each year. Year one: Year two:
- 3 ___ Teach one or more lessons in the Teacher's Quorum.
- 4 ___ Discuss with quorum how to prepare for / serve a full-time mission, and to assist the missionaries.
- 5 ___ Invite and bring a friend or a new or less-active member to Church.
- 6 ___ Participate in baptisms for the dead, if possible. If not, discuss the temple with a Priesthood leader.
- 7 ___ Participate in at least one quorum service project each year: Year one: Year two:

Spiritual Development (Do 8 of the following):

- 1 ___ Study purposes of Aaronic Priesthood. Discuss: becoming converted to the gospel / living teachings.
- 2 ___ Discuss with parent or leader: Keeping Sabbath day holy. Practice appropriate Sabbath observance.
- 3 ___ Prepare and present at least two home teaching lessons.
- 4 ___ Recite from memory the Articles of Faith and D&C 13.
- 5 ___ Read and discuss a conference address about the evils of immorality and pornography.
- 6 ___ Complete a family group record for each of your grandparents where they are listed as children.
- 7 ___ Write regularly in a journal for three months.
- 8 ___ Regularly add to your mission fund in preparation for and in anticipation of serving a mission.
- 9 ___ Collect 12 recipes for use on a mission. Prepare at least four of them.
- 10 ___ Write 3 letters to family or ward members. Thank them for their kindness and support.
- 11 ___ List ten qualities you admire in your father or other adult. Discuss them.
- 12 ___ Read at least two stories from a Church magazine. Share in Family Home Evening or with a leader.
- 13 _____

Physical Development (Do 8 of the following):

- 1 ___ Run 5 kilometers or 3 miles in 30 minutes or less.
- 2 ___ Swim 75 meters, using two different strokes.
- 3 ___ Demonstrate lifesaving skills in the water.
- 4 ___ Hike 15 kilometers or 9 miles with a 12-pound pack in one day.
- 5 ___ Participate in group cultural performance; roadshow, play, folk dance, school or community.
- 6 ___ Teach a younger brother or sister or ward member how to play an indoor game or sport.
- 7 ___ Play on a sports team in your quorum, ward, school, or community.
- 8 ___ Learn to play or officiate in a sport of your choice.
- 9 ___ Camp for three days under the supervision of leaders.
- 10 ___ Explain to parents or leaders how to survive for 48 hours in the wilderness. Identify edible plants and animals. Explain how you would ensure the safety of drinking water.
- 11 ___ Demonstrate the most important distress signals to use during a crisis or when you are lost.
- 12 ___ Teach first aid skills to your family or quorum members.
- 13 _____

Initial / Date _____

Educational, Personal, and Career Development (Do 8 of the following):

- 1 ___ Continue your education, and develop additional skills in reading, writing, and mathematics.
- 2 ___ Improve reading skills by reading at least six issues of a Church magazine.
- 3 ___ Choose 3 careers: Discuss questions about each with parents / leaders. Positive aspects of each career?
- 4 ___ Visit 3 work locations. Talk to workers. Discuss with parents / leaders how you would feel working there.
- 5 ___ Take a vocational interest test. Discuss with a parent / leader how to take classes toward that vocation.
- 6 ___ Discuss how your chosen career would allow you to maintain the moral standards of the Church.
- 7 ___ Explain entrance requirements for a technical school, college, or university. Describe 5 classes of interest.
- 8 ___ Learn to play a musical instrument.
- 9 ___ Attend a career night where a guest speaker describes what employers look for in new employees.
- 10 ___ Collect three different job applications and fill them out as practice.
- 11 ___ In a language other than your own, bear your testimony and memorize the first 6 Articles of Faith.
- 12 ___ Use a computer to prepare a Church talk, a school assignment, or another similar task.
- 13 _____

Citizenship and Social Development (Do 8 of the following):

- 1 ___ Practice proper personal hygiene and grooming. Explain to parents / leaders why this is important.
- 2 ___ Plan and participate in a combined activity with your quorum and the Young Women in the Ward.
- 3 ___ Volunteer for 4 or more afternoons or evenings at a hospital, rest home, or homeless shelter.
- 4 ___ Invite your grandparents or other senior citizens to share childhood memories. Take notes.
- 5 ___ Attend a city council meeting. Share impressions of the experience with parents / leaders.
- 6 ___ Visit a legal court. Share your impressions of the experience with parents / leaders.
- 7 ___ Sing the National Anthem alone or in a group. Explain its origin to parents / leaders.
- 8 ___ Discuss with a parent / leader ways to prevent crime in your area.
- 9 ___ List music, movies, TV programs, and printed materials that are in harmony with gospel standards.
- 10 ___ Plan and participate in an "etiquette dinner" involving parents.
- 11 ___ Give at least one talk in sacrament meeting, or give a speech at school or in the community.
- 12 ___ Organize a service project to clean and repair a public park. Help maintain for 2 months.
- 13 _____

___ **Service Project:** A significant project to family, ward, stake, or community of at least 20 hours, approved by parents and leaders.

___ **Personal Journal:** Fill in the journal section of guidebook. Personal journal, notebook, will suffice.

Interview Record

Bishopric									
YM Leader									
Varsity Leader									

Name: _____

Date Received Deacon Certificate: _____

Date Ordained Teacher: _____ Date Turns 16: _____

Date Items Completed: _____ Date Certificate Presented: _____