

### Priesthood Duties and Standards:

1. Keep the commandments
2. Live standards in *For the Strength of Youth*
3. Have daily personal prayer
4. Read the scriptures
5. Attend sacrament, priesthood, and other meetings
6. Keep the Word of Wisdom
7. Pay a full tithing
8. Pass the sacrament
9. Gather fast offerings
10. Perform other assigned duties

Initial / Date \_\_\_\_\_

#### Family Activities (Do all of the following):

- 1 \_\_\_\_\_ Read the Scriptures daily. Read Book of Mormon: 1 Nephi through Mosiah. Share with your family.
- 2 \_\_\_\_\_ Read *For the Strength of Youth*. Discuss the importance of standards and values with your family.
- 3 \_\_\_\_\_ Teach four Family Home Evening lessons each year. Year one:  Year two:
- 4 \_\_\_\_\_ Keep a written record of your family history. Prepare a four generation pedigree chart.
- 5 \_\_\_\_\_ Prepare two meals for your family. Where possible, wash and iron your clothes for one month.
- 6 \_\_\_\_\_ Read the 12th Article of Faith. Explain to your parents: structure / functions of national government.
- 7 \_\_\_\_\_ Perform at least two service projects for your family each year. Year one:  Year two:

#### Quorum Activities (Do all of the following):

- 1 \_\_\_\_\_ Read Joseph Smith-History 1:1-20; discuss Joseph Smith's testimony with a Priesthood leader.
- 2 \_\_\_\_\_ Read Isaiah 58 / D&C 59; discuss with leader the Law of the Fast and how Fast Offerings are used.
- 3 \_\_\_\_\_ Give a talk in Sacrament or Priesthood meeting each year. Year one:  Year two:
- 4 \_\_\_\_\_ Discuss with a Priesthood leader the history and purposes of the Aaronic Priesthood and quorums.
- 5 \_\_\_\_\_ Participate in at least two quorum service projects each year: Year one:  Year two:
- 6 \_\_\_\_\_ Participate in baptisms for the dead, if possible. If not, discuss the temple with a Priesthood leader.
- 7 \_\_\_\_\_ Write 1/2 page about the purpose of the Sacrament. Use D&C 20:75-79, Matt. 26:26, Topical Guide.

#### Personal Goals:

##### Spiritual Development (Do 8 of the following):

- 1 \_\_\_\_\_ Identify four scriptures which testify of Christ; talk about them with a parent or Priesthood leader.
- 2 \_\_\_\_\_ Read the "Proclamation on the Family" and "The Living Christ" and review with parent or leader.
- 3 \_\_\_\_\_ Recite from memory the Articles of Faith to a parent or Priesthood leader.
- 4 \_\_\_\_\_ Read D & C 20:38-60 and discuss the duties of a Deacon with a parent or Priesthood leader.
- 5 \_\_\_\_\_ At least once per year, bear your testimony: Year one:  Year two:
- 6 \_\_\_\_\_ Read about one of your ancestors...report in Family Home Evening or in a quorum meeting.
- 7 \_\_\_\_\_ Do more family history, such as a family group record showing your parents as children...share info.
- 8 \_\_\_\_\_ Write regularly in a journal for two months (if not already doing so).
- 9 \_\_\_\_\_ Set up a plan to be spiritually and financially prepared to go on a mission at age 19.
- 10 \_\_\_\_\_ List skills needed to become a successful missionary. Talk to parents or leaders how to learn these.
- 11 \_\_\_\_\_ Invite at least two friends to a Mutual activity, Sunday meeting, or Family Home Evening.
- 12 \_\_\_\_\_ Write letter to parents, grandparents, or leader. Thank them for their example and positive influence.
- 13 \_\_\_\_\_

##### Physical Development (Do 8 of the following):

- 1 \_\_\_\_\_ Run 2 kilometers or 1.25 miles and set a goal for improvement.
- 2 \_\_\_\_\_ Develop and begin a one-year plan to improve your personal physical fitness.
- 3 \_\_\_\_\_ Swim 50 meters, using two different strokes.
- 4 \_\_\_\_\_ Learn to float on your back in the water for two minutes.
- 5 \_\_\_\_\_ Learn how to rescue someone who is drowning.
- 6 \_\_\_\_\_ Hike ten kilometers or six miles in one day.
- 7 \_\_\_\_\_ Overnight camping trip: Set up a tent, cook, build a latrine, restore the camp to natural condition.
- 8 \_\_\_\_\_ While camping, build a cooking fire, or set up a stove. Teach someone how to build a fire safely.
- 9 \_\_\_\_\_ Learn a new game or sport.
- 10 \_\_\_\_\_ Play on a sports team in your quorum, ward, school, or community.
- 11 \_\_\_\_\_ Learn the rules of play and officiate in a sport of your choice.
- 12 \_\_\_\_\_ Explain to parent or leader the rules of safe bicycle riding. Complete a 30-kilometer or 20-mile ride.
- 13 \_\_\_\_\_

# Duty to God Award Progress Sheet Deacon

Initial / Date \_\_\_\_\_

#### Educational, Personal, and Career Development (Do 8 of the following):

- 1 \_\_\_\_\_ Make a plan to improve reading, writing, arithmetic skills, and follow the plan for at least 3 months.
- 2 \_\_\_\_\_ Choose 2 careers: What preparation is needed; interview someone in each position to learn to prepare.
- 3 \_\_\_\_\_ Visit a government office. Explain to a parent or Priesthood leader the function of the office.
- 4 \_\_\_\_\_ Learn how to purify water and to wash and prepare fresh fruits and vegetables.
- 5 \_\_\_\_\_ First aid for: electrical shock, near drowning, burns, broken bones, heat exhaustion, and serious falls.
- 6 \_\_\_\_\_ Attend a cultural event such as a church, school, or community play, music program, or musical.
- 7 \_\_\_\_\_ Learn to play a musical instrument.
- 8 \_\_\_\_\_ Perform a musical selection in Sacrament Meeting or another church or community meeting.
- 9 \_\_\_\_\_ Develop and follow a financial budget for three months.
- 10 \_\_\_\_\_ Read at least four issues of a Church magazine.
- 11 \_\_\_\_\_ Learn computer / keyboarding skills. Type family history information in Personal Ancestral File.
- 12 \_\_\_\_\_ Read Word of Wisdom (D&C 89); explain to parents or leaders what is meant by finding "wisdom" and "great treasures of knowledge, even hidden treasures."
- 13 \_\_\_\_\_

#### Citizenship and Social Development (Do 8 of the following):

- 1 \_\_\_\_\_ Explain to a parent or leader how to be a friend; maintain friendship; resolve conflicts between friends.
- 2 \_\_\_\_\_ Be a friend to someone who may feel left out, and invite him to a quorum or Mutual activity.
- 3 \_\_\_\_\_ Show a parent or leader how to use proper manners while eating, greeting, and introducing a speaker.
- 4 \_\_\_\_\_ Teach your family how to play a new game or sport.
- 5 \_\_\_\_\_ Explain to a parent or leader what it means to obey, honor, and sustain the law.
- 6 \_\_\_\_\_ Participate in a cultural event such as a school play or musical.
- 7 \_\_\_\_\_ Learn and practice proper dance etiquette.
- 8 \_\_\_\_\_ Explain Luke 6:31, and tell a parent or leader about when and how you have applied its teachings.
- 9 \_\_\_\_\_ Help organize and carry out a quorum or ward youth activity.
- 10 \_\_\_\_\_ With your quorum, clean up or repair a part of your neighborhood.
- 11 \_\_\_\_\_ Participate in four family, quorum, or ward social activities.
- 12 \_\_\_\_\_ Sing with a church, school, or community choir.
- 13 \_\_\_\_\_

\_\_\_\_\_ **Service Project:** A significant project to family, ward, stake, or community of at least 10 hours, approved by parents and leaders.

\_\_\_\_\_ **Personal Journal:** Fill in the journal section of guidebook. Personal journal, notebook, will suffice.

### Interview Record

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| <b>Bishopric</b>   |  |  |  |  |  |  |  |  |  |
| <b>YM Leader</b>   |  |  |  |  |  |  |  |  |  |
| <b>Scoutmaster</b> |  |  |  |  |  |  |  |  |  |

**Name:** \_\_\_\_\_

**Date Ordained Deacon:** \_\_\_\_\_ **Date Turns 14:** \_\_\_\_\_

**Date Items Completed:** \_\_\_\_\_ **Date Certificate Presented:** \_\_\_\_\_